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## REGISTERED DIETITIAN NUTRITION THERAPY

### ISSUES ADDRESSED

- Women's Health
  - Prenatal
  - Pregnancy
  - Postpartum
  - Menopause
  - Endometriosis
  - Hypothalamic amenorrhea
  - Polycystic ovarian syndrome (PCOS)
- Eating disorders
- Feeding relationship (parent/child)
- Infant/Child nutrition
- Picky Eating
- Allergies/intolerances
- Irritable bowel disease
  - Chron's
  - Ulcerative colitis
- Irritable bowel syndrome
  - Constipation
  - Diarrhea
  - FODMAP elimination
- Autism
- Cancer
- Celiac disease
- Gout
- Kidney disease
- Liver disease
- Sport's Performance

### COST

Individual assessment (50 minutes): \$150

Couples assessment (80 minutes): \$225

Follow up sessions (50 minutes): \$150

\*all sessions are available in person or via skype/phone

Presentations, workshops, and speaking engagements are available by request

Physician referrals are welcome, but not required.

There is no funding available through Alberta Health Services.

All services are eligible for re-imbursement through extended health benefits.

Direct billing is available.